# Combined low/high-density modern and ancient genome-wide data documents genomic admixture history of high-altitude East Asians

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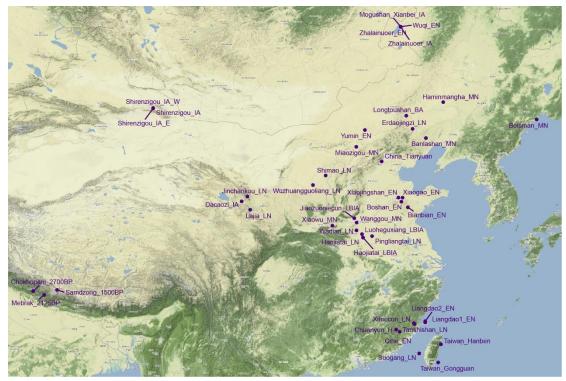


Figure S1. Geographical position of included ancient East Asians used in this population genetic analysis. IA: Iron Age, W: West, E: East, EN, Early Neolithic, MN: Middle Neolithic, LN, Late Neolithic, LBIA, Late Bronze Age and Iron Age.

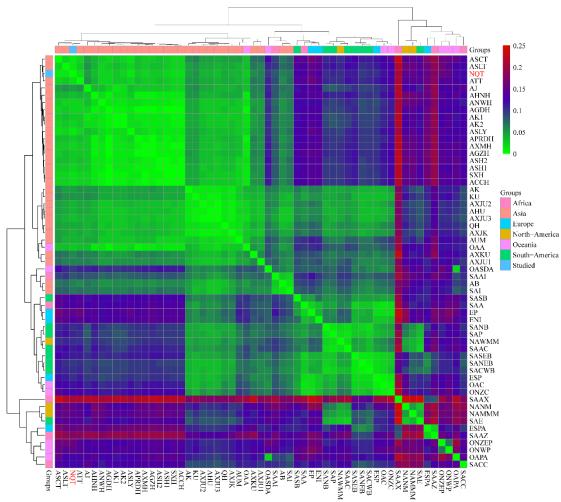


Figure S2. Heatmap shows the genetic similarities and differences between Nagqu Tibetan and other 56 worldwide reference populations based on the allele frequency distributions.

The full population names are submitted in the Supplementary Table S1. The Chengdu Tibetan (ASCT) is identified as the genetically closest population to Nagqu Tibetan (0.012), followed by Liangshan

Tibetan (ASLT, 0.0134) and Liangshan Yi (ASLY, 0.0146). The African AmaXhosa (SAAX) shows the largest genetic relationship with Nagqu Tibetan (0.2097).

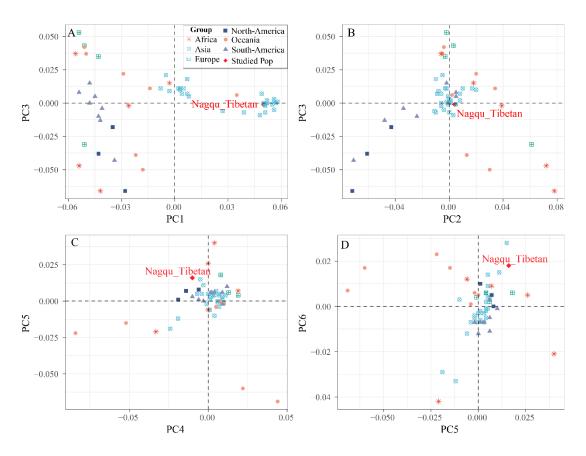
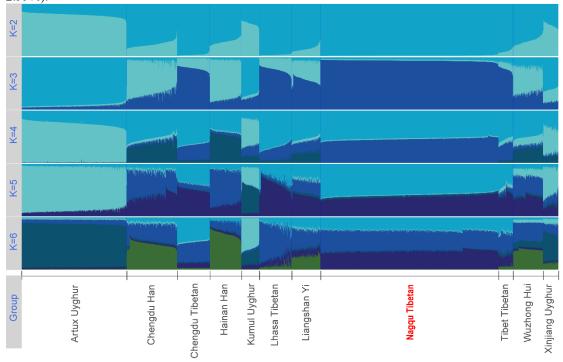


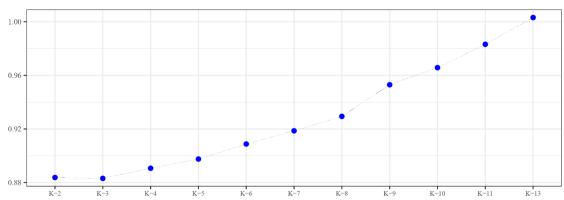
Figure S3. Population affinity between Nagqu Tibetan and other 56 worldwide reference populations inferred from the principal component analysis based on the allele frequency distributions.

The full population names are submitted in the Supplementary Table S1. PCA based on the top six components could explain 74.52% variance (PC1 to PC6: 34.18%, 14.49%, 11.70%, 6.16%, 5.00% and 2.99%).



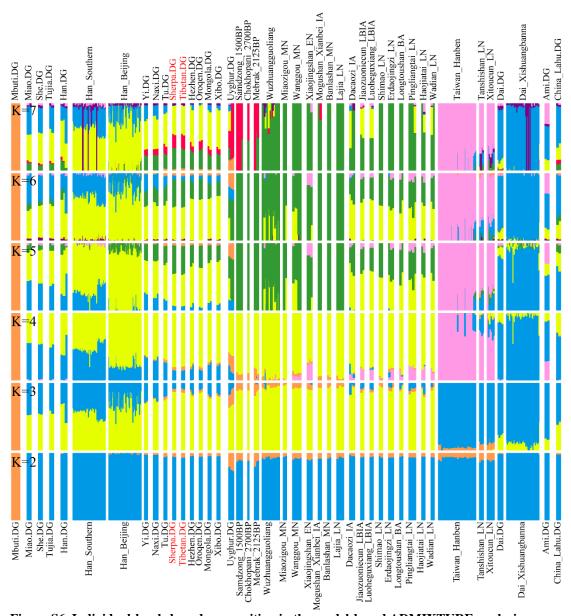
# Figure S4. Shared composition of 3287 individuals from 11 Chinese reference populations inferred from the raw genotype data.

At K=2, we identify two distinct components deriving from ST and AT populations. At K=3, population substructures of Han Chinese and Tibeto-Burman (TB) populations are observed within ST populations. Geographically different components within the same language family gradually appear with the increase of K values and the proportions of shared components are variable within ethnically different groups. The optimal K value was K=3.

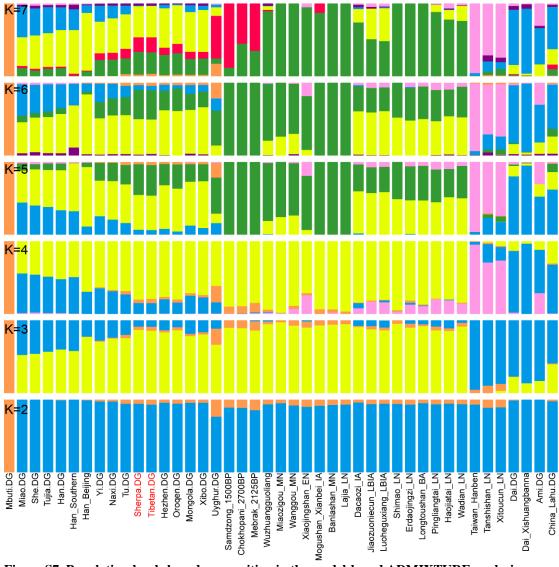


Figure~S5.~The~distribution~of~cross-validation~error~value~in~model-based~ADMIXTURE~analysis~with~different~predefined~clusters.

K=3 with the least value of 0.8831.



**Figure S6. Individual-level shared composition in the model-based ADMIXTURE analysis.** Results with 2 to seven predefined cluster sources were visualized here.



**Figure S7. Population-level shared composition in the model-based ADMIXTURE analysis.** Results with 2 to seven predefined cluster sources were visualized here.

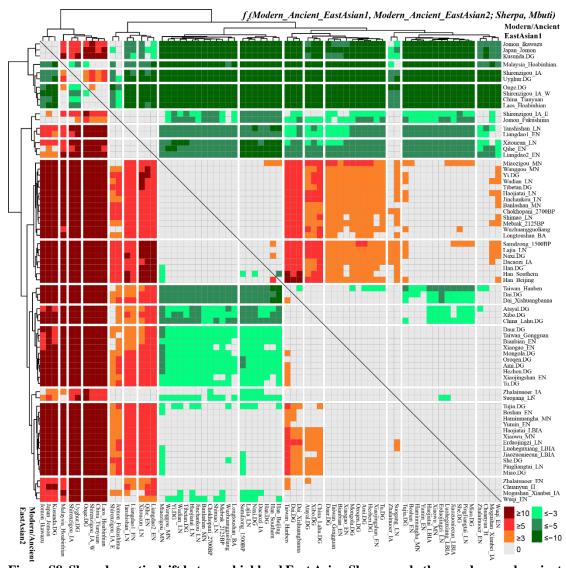


Figure S8. Shared genetic drift between highland East Asian Sherpa and other modern and ancient reference populations via  $f_4(modern/ancient\ East\ Asian1,\ modern/ancient\ East\ Asian2;\ Sherpa,\ Mbuti)$ .

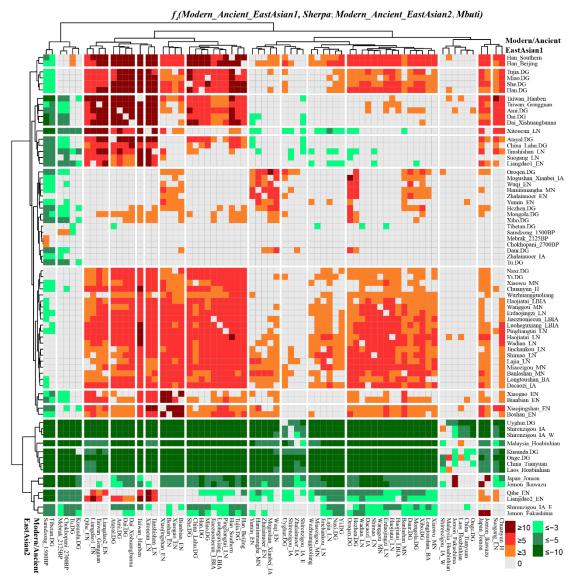


Figure S9. Shared genetic drift between highland East Asian Sherpa and other modern and ancient reference populations via  $f_4(modern/ancient\ East\ Asian1,\ Sherpa;\ modern/ancient\ East\ Asian2,\ Mbuti)$ .